

GRATITUDE TIMES

June 2024

www.chattanooga-aa.com

Chattanooga Area Central Office
5611 Ringgold Road, Suite 130
Chattanooga, TN 37412

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Step Six: Willingness - Prepare for Change

“Were entirely ready to have God remove all these defects of character.”

Step 6 of AA is about understanding and acknowledging that one cannot achieve change without the assistance of some kind of higher power; whether that power be a deity or some kind of secular driving force, like inspiration.

Before getting to Step 6 of AA you first have to admit that you have an alcohol problem, explore the concept of higher power, and begin developing a relationship with your higher power. You also have to look honestly at yourself and your shortcomings so that you can get ready to ask God to remove them. So, this challenging step, which is the culmination of all the work done beforehand, asks one to admit that he is powerless over all of his negative behavior, not just his drinking, and consider turning these behaviors over to his higher power. This can be scary or embarrassing just like when the alcoholic admitted he was powerless over alcohol in the first place. However, the step doesn't ask you to turn over your defects yet – it just asks you to become willing to do so.

Understand that Step 6 is a Recurring Process - Many may struggle with understanding that Step 6 isn't a one-time event. Some may believe that once they perform Step 6 of AA for the first time, they no longer need to return to the Step. However, the 6th Step of AA is a continuing process, one that may need to be performed several times. Understanding that acknowledging that one needs assistance in working towards change can be necessary at several points in one's journey to recovery is pivotal for having realistic expectations.

A common problem that may cause trouble for some working on Step 6 of AA is the belief that the Step focuses entirely on one's behavior. This is often not the case, as the outlook and attitude one has towards seeking and accepting

help can play a significant role. This can be frustrating for those who want controlled, regimented steps to fix a problem. Some helpful methods for improving your outlook would be to have an open dialogue with yourself. Every morning when you get up, ask yourself whether you feel willing to turn your negative qualities over to your higher power. Before speaking, ask yourself if what you want to say is positive and based on a belief that your higher power will work things out or negative and based on self-will.

An outside person can help you see where your attitude needs adjustment. Talk to your sponsor and/or your therapist about your defects of character. Be open to hearing feedback. Whoever you talk to should let you know if you're seeing a true defect of character and whether you are approaching it with a helpful attitude or not.

Source: Alcohol.org

Sixth Step Prayer

Dear God,
I am ready for Your help
In removing from me the defects of character
Which I now realize are an obstacle to my recovery.
Help me to continue being honest with myself and
Guide me toward spiritual and mental health.

Source: NHAA.net

Step Six Promise

Delay is dangerous and rebellion may be fatal (12 and 12, p. 69)

This is an inverse promise. The promise is that hesitation and rejection are risky reactions and may lead to failure.

Source: Soberspeak.com

Step # 6 Big Book Reference: https://www.aa.org/assets/en_us/en_step6.pdf

FINANCIALS

End of April 2024

Greater Area Chattanooga Board/Intergroup Financial Statement

| | 04/24 | | | YTD 2024 | | | Annual | |
|---------------------------------|-----------------|-----------------|-----------------|-------------------|------------------|-------------------|------------------|--------------------|
| | Actual | Budget | Variance | Actual | Budget | Variance | Budget | Variance |
| Income | | | | | | | | |
| Group Contributions | 425.75 | 1,083.33 | (657.58) | 2,545.72 | 4,333.33 | (1,787.61) | 13,000.00 | (10,454.28) |
| Individual Contributions | 400.46 | 550.83 | (150.37) | 1,309.12 | 2,203.33 | (894.21) | 6,610.00 | (5,300.88) |
| Special Events | 1,051.00 | 1,083.33 | (32.33) | 1,666.00 | 4,333.33 | (2,667.33) | 13,000.00 | (11,334.00) |
| Total Income | 1,877.21 | 2,717.50 | (840.29) | 5,520.84 | 10,870.00 | (5,349.16) | 32,610.00 | (27,089.16) |
| | | | | | | | | |
| Expenses | | | | | | | | |
| Rent | 550.00 | 550.00 | - | 2,200.00 | 2,200.00 | - | 6,600.00 | 4,400.00 |
| Zoom | 17.47 | 17.50 | 0.03 | 69.88 | 70.00 | 0.12 | 210.00 | 140.12 |
| Website Management | 109.17 | 50.00 | (59.17) | 293.17 | 200.00 | (93.17) | 600.00 | 306.83 |
| Chattanooga Gas | - | 110.00 | 110.00 | 735.80 | 440.00 | (295.80) | 1,320.00 | 584.20 |
| Office Supplies | 58.45 | 125.00 | 66.55 | 299.45 | 500.00 | 200.55 | 1,500.00 | 1,200.55 |
| Alarm System | 27.00 | 27.00 | - | 108.00 | 108.00 | - | 324.00 | 216.00 |
| EPB (Electric, Phone, Internet) | 183.21 | 250.00 | 66.79 | 706.89 | 1,000.00 | 293.11 | 3,000.00 | 2,293.11 |
| Pest Control | - | 35.00 | 35.00 | 140.00 | 140.00 | - | 420.00 | 280.00 |
| Taxes and Licenses | 318.97 | 10.00 | (308.97) | 929.01 | 40.00 | (889.01) | 120.00 | (809.01) |
| Property Insurance | - | 42.00 | 42.00 | - | 168.00 | 168.00 | 504.00 | 504.00 |
| Payroll | 870.00 | 1,000.00 | 130.00 | 3,035.42 | 4,000.00 | 964.58 | 12,000.00 | 8,964.58 |
| QuickBooks | 114.71 | 30.00 | (84.71) | 458.84 | 120.00 | (338.84) | 360.00 | (98.84) |
| Paypal | 6.15 | 27.50 | 21.35 | 53.58 | 110.00 | 56.42 | 330.00 | 276.42 |
| Volunteer Appreciation Dinner | - | 40.00 | 40.00 | - | 160.00 | 160.00 | 480.00 | 480.00 |
| C. O. Manager Conference | - | 146.00 | 146.00 | - | 584.00 | 584.00 | 1,752.00 | 1,752.00 |
| Special Events-club crawl x 2 | (5.46) | 35.00 | 40.46 | 274.07 | 140.00 | (134.07) | 420.00 | 145.93 |
| Intergroup Standing Committees | - | 250.00 | 250.00 | - | 1,000.00 | 1,000.00 | 3,000.00 | 3,000.00 |
| Misc. | - | - | - | - | - | - | - | - |
| Total Expenses | 2,249.67 | 2,745.00 | 495.33 | 9,304.11 | 10,980.00 | 1,675.89 | 32,940.00 | 23,635.89 |
| Income Variance | (372.46) | | (344.96) | (3,783.27) | | (3,673.27) | | (3,453.27) |
| | | | | | | | | |
| | | | | | | | | |
| Central Office Store | | | | | | | | |
| Sales | 840.06 | 1,083.33 | (243.27) | 5,265.95 | 4,333.33 | 932.62 | 13,000.00 | (7,734.05) |
| AAWS | 989.12 | 500.00 | (489.12) | 4,746.25 | 2,000.00 | (2,746.25) | 6,000.00 | 1,253.75 |
| Bright Star | 190.00 | 250.00 | 60.00 | 2,633.60 | 1,000.00 | (1,633.60) | 3,000.00 | 366.40 |
| Custom Imprints | 94.70 | 25.00 | (69.70) | 94.70 | 100.00 | 5.30 | 300.00 | 205.30 |
| Square | 19.54 | 40.00 | 20.46 | 112.87 | 160.00 | 47.13 | 480.00 | 367.13 |
| Tn Sales Tax | - | 84.83 | 84.83 | - | 339.33 | 339.33 | 1,018.00 | 1,018.00 |
| Total Expense | 1,293.36 | 899.83 | (393.53) | 7,587.42 | 3,599.33 | (3,988.09) | 10,798.00 | 3,210.58 |
| Variance | (453.30) | | (636.80) | (2,321.47) | | (3,055.47) | 2,202.00 | (4,523.47) |
| | | | | | | | | |
| Total Net Income | (825.76) | 156.00 | (981.76) | (6,104.74) | 624.00 | (6,728.74) | 1,872.00 | (7,976.74) |

GET INVOLVED!

Central Office, Committee & District Meetings – Remember: Service → Sobriety

| Meeting | Meeting Location | Meeting Day/Time ¹ | Contact | Notes |
|--|--|--|--|--|
| Archives Committee | TBA | TBA | Tim L. | |
| Central Office Board | Central Office All are welcome Only members vote | 2 nd Mon @ 6 PM | Chad B. chair@chattanooga-aa.com | Zoom available Contact Central Office for Zoom info |
| Corrections Committee | Hixson Serenity Club | 1st Sat @ 11 AM | Elliott C. | |
| CPC/PI Committee | Central Office | 2nd Sat @ 10 AM | Linda W. cpc_pi@chattanooga-aa.com | |
| District 7 Meeting | Zoom ID 861-778-6420 PW: serenity | 4 th Thu @ 6:30 PM | Larry A. | Bradley, McMinn, Meigs, Monroe, Polk, Rhea |
| District 10 Meeting | TBA | TBA | Jeff W. | Bledsoe, Grundy, Marion, Sequatchie |
| District 15a (GA) Meeting | Dalton Serenity Club | Saturday before the 1 st Sunday of odd months @ 2:30 PM | Roger M. district15a@aaeorgia.org | Catoosa, Chattooga, Dade, Gordon, Murray, Walker, Whitfield |
| District 80 Meeting | Not currently meeting | | Vacant | South Central Hamilton |
| District 81 Meeting | Zoom call for info | Last Mon @ 7:30 PM | Mike S. | West Hamilton (North of Chattanooga) |
| District 82 Meeting | Not currently meeting | | Vacant | Chattanooga |
| District 83 Meeting | Central Office | 3 rd Mon @ 7:00 PM | Richard O. d83dcm@area64assembly.org | Southwest Hamilton |
| District 84 Meeting | Zoom ID 814 9916 7629 Password: 298 592 | 3 rd Thu @ 6:30 PM | Chrissie H. | East Hamilton |
| Events Committee Club Crawl, Founder's Day, Creepy Crawl, etc. | Central Office (Hybrid) | Every Tue @ 6:30 PM | Angie M. events@chattanooga-aa.com | Zoom ID 380-967-7665 |
| Grapevine/La Vina Committee | Hixson Serenity Club (Hybrid) | 3rd Sat @ 4 PM | Mike S. | Zoom ID: 989-026-8931 PW: grapevine |
| Intergroup Board | Central Office (Hybrid) | 2 nd Mon @ 7 PM | chair@chattanooga-aa.com | |
| Technology Committee | TBA | TBA | Alex B. tech@chattanooga-aa.com | |
| Treatment Committee | Suburban Club | 1 st Sat @ 11 AM | Jessica B. treatment@chattanooga-aa.com | |

¹ Meeting dates may be shifted by one week due to holidays that occur the week of the normal meeting. These include January (New Year's Day), March/April (Easter), May (Memorial Day), July (Independence Day), September (Labor Day), November (Thanksgiving) and December (Christmas/New Year's Eve). Please confirm meeting dates around these holidays.

Send corrections or suggestions to gratitude@chattanooga-aa.com

WHERE IT HAPPENS

Locations with multiple meeting types

| Location | Address | Notes |
|----------------------|--|--|
| Dalton Serenity Club | 513 Benjamin Way, Suite 310, Dalton, GA | www.daltonserenityclub.com |
| East Brainerd Club | 8115 E. Brainerd Rd, Chattanooga, TN | chattanooga-aa.com/locations/east-brainerd-club/ |
| Grace House | 17 S White St Athens, TN | chattanooga-aa.com/locations/grace-house/ |
| Hixson Serenity Club | 5695 Middle Valley Rd, Hixson, TN | chattanooga-aa.com/locations/hixson-serenity/ |
| New Way Club | 1918 Union Ave, Chattanooga, TN | chattanooga-aa.com/locations/new-way-club/ |
| ODAAT Clubhouse | 255 Broad St SW Cleveland, TN | chattanooga-aa.com/locations/odaat-clubhouse/ |
| Suburban Club | 2002 E Main St, Chattanooga, TN | chattanooga-aa.com/locations/suburban-club/ |

JUST NEWS

AA News from May

- AAWS published the Winter issue of "About AA" (a newsletter for professionals). It can be viewed here: https://www.aa.org/sites/default/files/newsletters/f-13_winter2023.pdf
- The decision to discontinue the print edition of Box 4-5-9 was announced. Read the announcement here: https://www.aa.org/sites/default/files/literature/Box_459_Print_Decision_0.pdf
- AAWS announced a new map feature in the Meeting Guide App. Read about it here: <https://meetingguide.helpdocs.io/article/rt4f1kr17t-using-the-maps-feature>

Tools and Ideas for Doing Corrections Work (an excerpt from the [AA website](#))

- Show the video "[A New Freedom](#)" at workshops and other events; it has inspired many members to get involved with corrections service. The video is available in [3-](#), [15-](#) and [30-](#)minute length versions.
- Show the DVD "[A.A. in Correctional Facilities](#)" to share the professional's viewpoint on the value of A.A. as a resource in correctional facilities.
- Create PowerPoint presentations about A.A. corrections service, including photos and discussion topics.
- Discuss ways that groups, districts and areas have used to provide more literature for persons in custody - such as passing the "pink can" or a "jail box."
- Introduce members to the "[Sharing from Behind the Walls](#)" newsletter and highlight the annual Grapevine corrections issue when it comes out in July.
- Include local corrections events on area websites.
- Introduce someone to corrections service by bringing them to corrections events and/or A.A. meetings "on the inside," or obtain a guest pass to bring them to a meeting behind the wall.
- Encourage former persons in custody to share their stories about how A.A. helped them get sober and stay sober while in custody.
- Create a calendar of corrections events around U.S. and Canada.
- Emphasize that when carrying the message in a correctional facility, we share experience, strength and hope with other alcoholics as we do at any A.A. meeting. Having prison experience is not a prerequisite – sobriety in A.A. is. Individuals in custody are more interested in learning how we got and stayed sober through A.A.'s Twelve Steps, rather than hearing about time we may have spent in prison.

For more ideas like this, see the [Corrections Committee Workbook](#).

Share Corrections Experience

The Corrections desk at the A.A. General Service Office is dedicated to Corrections activities. Committees are encouraged to share local experiences and challenges with this desk.

[CONTACT THE CORRECTIONS DESK](#)

Source: [AA.ORG](#)

LOOK WHO'S TALKING

Speaker Meetings

High Nooners

East Brainerd Club
Meeting and Birthday Celebration is the last
Friday of each month @ Noon

Vision For You

Hixson Serenity Club - Friday @ 8 PM
FAMILY & FRIENDS WELCOME
Come Early & Stay Late

1515 Group

Suburban Club - Friday @8:00 pm
How they did it? One Day at a Time!

Sponsorship Group

Suburban Club Saturday @8:00 pm

| | |
|---------|-------------|
| June 1 | Travis A. |
| June 8 | Jim H. |
| June 15 | Shockey. |
| June 22 | Crystal N. |
| June 29 | Clarissa B, |
| Chair: | Peggy. |

(changes may be necessary)

To volunteer to speak or to chair contact

Tom H. 423-490-5724

Last Saturday is Birthday Night.

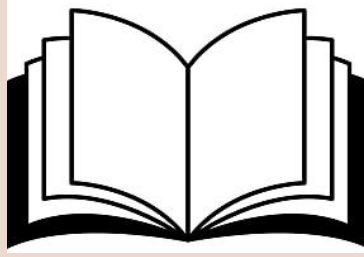
Desserts @ 7:30, Speaker @ 8:00

East Ridge Serenity Group

Suburban Club - Sunday @ 8 PM

Send your speaker meeting information to gratitude@chattanooga-aa.com

Please check www.chattanooga-aa.com or the Central Office to ensure meetings are being held.



A JOURNEY THROUGH THE BIG BOOK WORKSHOP

**Starting Thursday, April 4th at 6:30 PM
Every Thursday at 6:30 PM through June 20th.**

**St. Mark's United Methodist Church
701 Mississippi Ave.
Chattanooga, TN**

**Steve W. (Dirt) and Matt H. will be sharing their
Experience, Strength and Hope with the "Big Book"
Over the course of several weeks**

**The workshop will be held in Venur 701 on the side
of the church (Gym Entrance).**

**Contact: Matt H. (423) 647-5321
or
Steve W. (Dirt) (504) 481-1345
For more information or questions.**

DISTRICT 10 PICNIC
JUNE 8, 2024 – MONTEAGLE, TN



STARTS: NOON

**LOCATION: HANNAH PICKETT PARK OFF DIXIE
LEE HWY AND TN 41**

**RAFFLE, CHICKEN, HAM, REFRESHMENTS, FUN
BRING A SIDE OR DESSERT IF YOU LIKE.**

SPEAKER: DEVIN V. CHATTANOOGA TN.

FOR INFO CALL:

JEFF W. 931-383-9503

TED S. 423-619-3772



Founders' Day Herald

89th Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2024 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.
Discussion of One Step Per Hour
Chaired by: Mary K.

A.A. Early Bird Meeting* • 3:00 p.m.
Ron M. – Louisville, OH
"Never Missed A Founders Day"
Chaired by: Jeanne R.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.
"Snow White And The Seven Character Defects"

A.A. Speaker Meeting* • 7:00 p.m.
Will M. – Sergeant Bluff, IA
"Good Is The Evil Of Great"
Chaired by: Karen K.

Serenity Singers • 8:00 p.m. - 9:00 p.m.
Olin Hall

A.A. Speaker Meeting* • 9:00 p.m.
Debbie G. – Vista, CA
"AA Gives Us Sobriety And The Tools For Living"
Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m.
Open Discussion
Chaired by: Hay una solución

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites
9:00 a.m. - 4:00 p.m.
2 buses continuously – Bierce Circle

A.A. Archives
Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.
Debbie D. – Concord, CA
Chaired by: Jerry C.

A.A. Old Timers' Panel* • 10:30 a.m.
Topic: "It Should Continue For Our Lifetime"
Ethel N. – Philadelphia, PA
Jim B. – Jamestown, NY
Don C. – Colorado Springs, CO
Chaired by: Jerry C.

La Viña Workshop • 11:00 a.m. - 3:00 p.m.
El Coordinador: Raymundo L. and
Hay una solución

Actors Guild Play • 12:00 p.m. & 2:30 p.m.
"Snow White And The Seven Character Defects"

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.
Speakers - Kelly P. & Jeff M. – Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

A.A. Speaker Meeting* • 2:00 p.m.
Drew E. – Altantic Highlands, NJ
"Inspiration-Desperation-Perpetuation"
Chaired by: Mary K.

The History of Our Big Book • 4:00 p.m.
Presented by: Gail L. – Akron, OH
Chaired by: Jeanne R.

A.A. Speaker Meeting* • 8:00 p.m.
Jeff V. – Fargo, ND
"Happy, Joyous and Free"
UA Infocision Stadium**
Chaired by: Aaron K..

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!
10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*
7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. & Paul G. – Akron, OH
Chaired by: Karen K.

A.A. Spiritual Panel Meeting* • 9:00 a.m.
Topic: "A Moment Of Clarity"
Heather F. – Akron, OH
Trina R. – Olean, NY
Daryl M. – Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting*
10:30 a.m.
Ralph W. – Los Angeles, CA
"I'm So Glad God Doesn't Make
Misery Comfortable"
Chaired by: Tony T.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.
Topic: "Sponsorship; A Piece Of The
Al-Anon Puzzle"
Barbie C. – Lancaster, PA
Brandy F. – New Paris, OH
Erica B. – Toronto, Ontario, CA
Lisa F. – Madison, CT
Olin Hall Chaired by: Leslie S.

Al-Anon Panel • 2:30 p.m.
Topic: "Double Winners; Doubly Blessed"
Barbie K. – Akron, OH
Marc W. – Canton, OH
Janet F. – Akron, OH
Olin Hall Chaired by: Ian R.

Al-Anon Workshop • 4:00 p.m.
Topic: "Made A List Of All Persons We
Tried To Help - An 8th/9th Step Workshop"
Barbie C. – Lancaster, PA
Brandy F. – New Paris, OH
Lisa F. – Madison, CT
Olin Hall Chaired by: Evette W.

Al-Anon Speaker Meeting • 6:00 p.m.
Evette W. – San Francisco, CA
"Two Sides of the Same Coin; The Family Disease and Solutions"
Olin Hall Chaired by: Mary Anne C.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Workshop • 9:30 a.m.
"Resentment Ball - Removing the Boogie Man from Step 4"
Brandy F. – New Paris, OH
Evette W. – San Francisco, CA
Olin Hall Chaired by: Kristina H.

Alateen Panel • 11:00 a.m.
"Let It Begin With ME"
Olin Hall Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.
Speakers - Kelly P. & Jeff M. – Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

Al-Anon Speaker Meeting • 3:00 p.m.
Ken T. – Girard, PA
"Alateen to Al-Anon - Living Serenely"
Olin Hall Chaired by: Jane M.

Program Spoken Here
4:30 p.m. - 5:30 p.m.
Olin Hall Chaired by: Irena H.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday **8:00 a.m. - 10:00 p.m.**
Saturday **8:00 a.m. - 6:00 p.m.**

**Registrations must be picked up by
6:00 p.m. Saturday - NO EXCEPTIONS!**

**Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.**

Coffee & Fellowship Room Student Union

A.A. Literature Sales

Friday **8:00 a.m. - 8:00 p.m.**
Saturday **8:00 a.m. - 5:00 p.m.**

CREDIT CARDS ACCEPTED!

* **A.S.L. INTERPRETER**



**CLEAR BAGS REQUIRED
SEE INSIDE FOR MORE INFORMATION**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

The I am Responsible Group of
Alcoholics Anonymous
invites you to our

SUMMER PICNIC

on

Saturday, June 8, 2024.

Watauga Point Recreation Area

Lake Watauga.

Highway 321/67W between Hampton and Butler, TN

Speaker:

Rachel A. - Damascus, VA

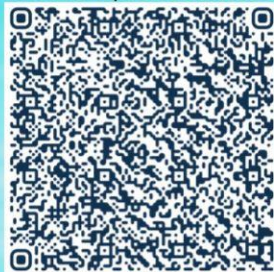
Hamburgers and Hot Dogs provided.

Bring a side, or a dessert, a beverage or two,
a lawn chair or a hammock, swimsuit and sunscreen, and
enjoy a day of food, fun, fellowship, and recovery!

Gather at 11, eat at 12.

Speaker immediately after in the covered pavilion.

To RSVP and access a link for a map and directions scan the code below.



Volunteers Needed

2024

Founder's Day Picnic

\$5
Suggested Contribution*

SUNDAY, JUNE 9

11:30am - 4:00pm

11:30am - 1pm

LUNCH

Please bring a side dish or dessert to share

3 - 4pm

Speaker

SCOTTIE B

1 - 3pm

DESSERT and CRAFT AUCTION

Show Off your skills and help us raise money!

Harrison Bay State Park Recreation Hall

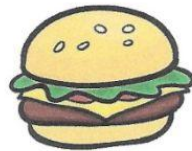
7855 Bay Marina Circle, Harrison, TN 37341

Tellico Plains, Madisonville AA Picnic!

Sunday, June 9, 2024 12:00 to 5:00

Kefauver Park 146 Mason Lane, Madisonville

We have the large pavillion reserved in case of rain



Hot Dogs, Hamburgers and drinks provided - Bring whatever sides or desserts you would like

Speaker at 2:00

Fun for the whole family



JUL * 4-7 * 2024

JW MARRIOTT AUSTIN

110 E 2nd St. Austin, TX 78701

THE 64TH **ICYPAAUSTIN** TEXAS

INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN AA

PRESENTS:



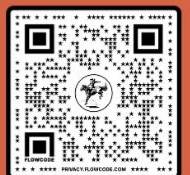
**ERA OF
CHANGE**



← BOOK ROOM



REGISTER TODAY →



www.the64thicypaa.org



District 40 Picnic
July 13, 2024
12-5

Lewisburg Recreation Center
1551 Mooresville Hwy.
Lewisburg, TN. 37091

FOOD FUN FELLOWSHIP

BBQ lunch with all the fixing's
BASKET AUCTION

Special Guest Speaker: Area 64 Secretary Devin V.

Contacts: Nathan W, DCM 256-425-5898
or Margie H. Alt. DCM 931-309-1193

Register Online (or use a form) at:
67.floridastateconvention.com

¡Versión en español en el sitio web!
67.floridastateconvention.com



August 1-4, 2024
67.floridastateconvention.com
Hyatt Regency Jacksonville Riverfront
Jacksonville, Florida

67th Florida State Convention
JACKSONVILLE 2024

PROGRAM & ACTIVITIES

Workshops ■ Young People Meetings ■ Golf Tournament
LGBTQ Meetings ■ Shark Tooth Hunt ■ ASL Interpreter ■ River Run/Walk
Ice Cream Socials ■ Entertainment ■ Marathon Meetings ■ Cornhole
Spanish Speaking Meetings ■ Grapevine ■ Archives Room ■ Kayak Event
Old-Timer's Meeting ■ Banquets ■ Meditation ■ AI-Anon/Alateen
Convention Merchandise ■ Photo Ops With Co-Founders Bill and Dr. Bob ■ Yoga

World-Renowned Hospitality Room!



SCAN HERE
BE AMAZED

Guest Speakers:

Ed M. - Louisville, KY
Heather G. - Knoxville, TN
Ali H. - Toronto, ON
Mildred F. - Toronto, ON
Angie B. - Destin, FL (AI-Anon)
Chip B. - Destin, FL
Danny B. - Spring, TX
Kathryn A. - Jacksonville, FL

Host Hotel Information

Hyatt Regency Jacksonville Riverfront
225 East Coastline Dr. ■ Jacksonville, Florida 32202
1-877-803-7534 <https://www.hyatt.com/en-US/group-booking/JAXRJ/G-FS24>
Rates start at \$137+ Discount Rate Code: G-FS24
Rates honored 5 days before/after convention dates. All rooms subject to state/local taxes. Non-hotel is non-smoking. Designated smoking areas will be provided. Check-in 3 P.M. — Check-out 12 P.M.
Parking: \$15/day Self Park \$39/day Valet Park

Overflow Hotel Information

DoubleTree by Hilton Jacksonville Riverfront
1202 River Place Blvd ■ Jacksonville, Florida 32207
1-800-222-TREE (8733) <https://shorturl.at/ENPS4>
Rates start at \$119+ Group Code: FSC or CDTFSC
First night's room and tax due at booking. Two-night minimum stay. Cancellations must be 8 days before arrival or full booking will be charged. +\$10 each adult over two per room; cut off date 7/11/2024. All rooms subject to state/local taxes. Non-smoking hotel. Check-in 4 P.M. — Check-out 11 A.M.
Parking: Free - Self Park \$24/day - Valet Park
For hotel questions please contact Ruth R. at hotel67fsc@gmail.com

EASTERN CANADA

REGIONAL FORUM

August 23-25, 2024

You are invited to the Eastern Canada Regional Forum!

PURPOSE OF REGIONAL FORUMS

- ▶ Regional Forums are hosted by the A.A. General Service Board and “open” to all A.A. members or to anyone interested in A.A.
- ▶ Regional Forums are designed to enhance trust and communication between A.A. members, the General Service Board, and Staff and Directors from the General Service Office and AA Grapevine.

PROGRAM

- ▶ Your Eastern Canada Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service Board Trustees, AA Grapevine, Inc. Publisher and Staff, A.A. World Services, Inc. Director, your Region’s Delegates, and past Trustees
- ▶ There will be presentations, workshops, panels, and more. There will also be sharing sessions to allow for comments and questions. A sample program is posted on www.aa.org under the Regional Forums tab.
- ▶ The event will take place from Friday at 6:30 p.m. through Sunday, 12:00 p.m.

REGISTRATION

- ▶ Registration is FREE and will open online at www.aa.org on June 24, 2024.
- ▶ All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.
- ▶ Pre-registration is encouraged, and on-site registration will be available.

HOTEL INFORMATION

Delta Hotel Prince Edward

101 Lyon St. N, Ottawa, ON, K1R 5T9

- ▶ *For hotel reservations:* <https://www.marriott.com/event-reservations/reservation-link.mi?id=1701369931069&key=GRP&app=resvlink> or call: (613) 237-3600
- ▶ July 22, 2024 is the room reservation deadline.
- ▶ Rate: \$199-\$259 per night U.S. or Canadian
 - Reference the event to receive the group rate.

We look forward to seeing you in Ottawa!

For more information, please contact the Regional Forums Staff Coordinator, at regionalforums@aa.org or call (212) 870-3120.

SAVE THE DATES!
SEPTEMBER 13 – 15, 2024

WHEN IT COMES TO TECHNOLOGY . . . WE'RE GOING . .

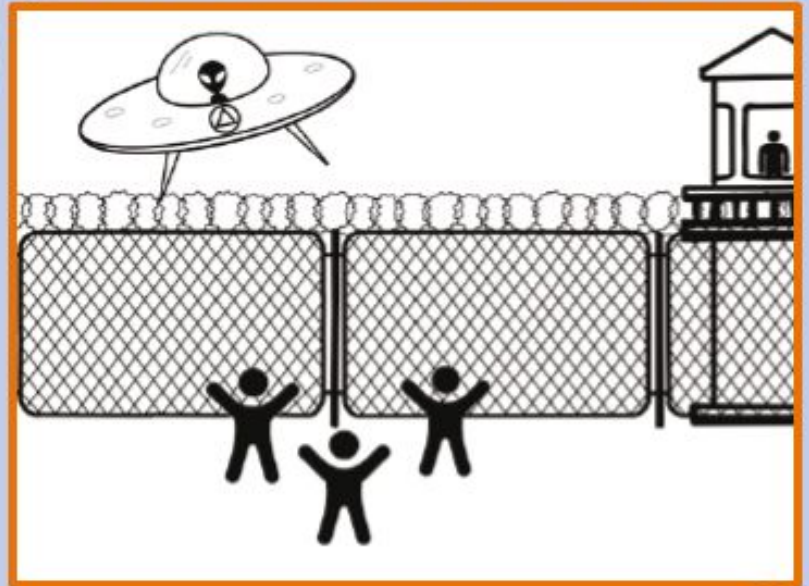


**BACK
TO
THE FUTURE**

- FOR ITS 10TH ANNIVERSARY THE **NATIONAL AA TECHNOLOGY WORKSHOP (NAATW)** IS RETURNING TO WHERE IT ALL BEGAN: **ST. LOUIS, MISSOURI.**
- JOIN US FOR A *WEEKEND OF IN-DEPTH PRESENTATIONS, DISCUSSION AND FELLOWSHIP.* THE *CALL FOR PRESENTATIONS, AS WELL AS IN-PERSON AND ONLINE REGISTRATION INFORMATION, IS FORTHCOMING.*
- OUR WEBSITE (NAATW.ORG) WILL BE UPDATED FREQUENTLY ABOUT WORKSHOP INFORMATION.

7th Annual National Corrections Conference

Rocketed Into A 4th Dimension



Sheraton Charlotte Airport Hotel
3315 Scott Futrell Drive,
Charlotte, NC 28208

Death Row Package: Registration; Banquet, Ice Cream Social, Hospitality, Coffee, T-shirt = \$140 (save \$20)

Medium Security Package: Registration; Banquet, Hospitality; Coffee, T-shirt = \$130 (save \$15)

Juvie Package: Registration; Hospitality; Coffee, T-shirt = \$80 (save \$10)

Individual prices: Registration or Scholarship -\$50; Banquet-\$55; Ice Cream Social-\$15; Hospitality-\$10; Coffee-\$10; Zoom-\$25; T-shirt-\$20

For more information, contact: Angel – AngelNCC2024@gmail.com 305-972-7979
Registration information: Sandy – 252-813-1055

**Nov.
8 – 10,
2024**



Registration

Name _____ Scholarship Name (if purchased) _____

Address _____ Email _____

Area _____ Name on badge _____ Phone number _____

Package purchase _____ Individual events purchase _____

If a t-shirt was ordered, please state size _____

If you purchased the banquet, please choose one option: Chicken _____ Fish _____ Vegetarian _____

Checks payable to: National Corrections Conference P.O. Box 1201, Mebane, NC 27302

SOUTHEAST

REGIONAL FORUM

December 6-8, 2024

You are invited to the Southeast Regional Forum!

PURPOSE OF REGIONAL FORUMS

- ▶ Regional Forums are hosted by the A.A. General Service Board and “open” to all A.A. members or to anyone interested in A.A.
- ▶ Regional Forums are designed to enhance trust and communication between A.A. members, the General Service Board, Staff and Directors from the General Service Office and AA Grapevine.

PROGRAM

- ▶ Your Southeast Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service Board Trustees, AA Grapevine, Inc. Publisher and Staff, A.A. World Services, Inc. Director, your region’s Delegates, and past Trustees
- ▶ There will be presentations, workshops, panels, and more. There will also be sharing sessions to allow for comments and questions. A sample program is posted on www.aa.org under the Regional Forums tab.
- ▶ The event will take place from Friday at 6:30 p.m. through Sunday, 12:00 p.m.

REGISTRATION

- ▶ Registration is FREE and will open online at www.aa.org on October 7, 2024.
- ▶ All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.
- ▶ Pre-registration is encouraged, and on-site registration will be available.

HOTEL INFORMATION

Golden Nugget Biloxi
151 Beach Boulevard

- ▶ For hotel reservations: <https://goldennuggetbiloxi.reztrip.com/ext/promoRate?property=1262&mode=b&pm=true&sr=883087&vr=3>
or Call 1-800-777-7568
- ▶ November 14, 2024 is the room reservation deadline.
- ▶ Rate: Double Occupancy, \$129.99 per night U.S. or Canadian
 - Use the group code S240301 to receive the group rate.

We look forward to seeing you in Biloxi!

For more information, please contact, Regional Forums’ Staff Coordinator, at regionalforums@aa.org or call (212) 870-3120.

CENTRAL OFFICE CONTACTS

Trusted Servants

| | | |
|------------------------|-------------|---|
| Chair: | Chad B. | chair@chattanooga-aa.com |
| Alt-Chair: | Cheri H. | |
| Treasurer: | Justeen V. | treasurer@chattanooga-aa.com |
| Secretary: | Devin V. | secretary@chattanooga-aa.com |
| At Large: | Linda W. | |
| At Large: | OPEN | |
| Office Manager: | Katie T. | manager@chattanooga-aa.com |
| Volunteer Coordinator: | Linda W. | volunteercoordinator@chattanooga-aa.com |

If you need a sober ear, feel free to call the Central Office. The phone is answered 24/7 by a recovering alcoholic who may be able to help. (423) 499-6003

Your Central Office is open:
Mon-Fri - 9 AM – 5PM
and Sat - 9 AM – 1 PM
Stop by for all your supply needs.

Gratitude Times is a publication of the Chattanooga Central Office of Alcoholics Anonymous which is a not-for-profit organization. Content of the newsletter is intended as an educational service to the community of members of Alcoholics Anonymous in the areas served by the Chattanooga Central Office. This includes several districts in Area 64 (Tennessee) and District 15a in Area 16 (Georgia). Content is either 1) submitted by members of A.A. in the service area, or 2) borrowed under fair use copyright rules from A.A.-related and other websites. Most borrowed content comes from and references AA.ORG which is copyrighted by Alcoholics Anonymous World Services. Source citations and links to the original content are provided for any borrowed material used in the newsletter and copyright remains with the original publisher.

If you have a content idea for Gratitude Times, send the request to gratitude@chattanooga-aa.com. The publication limits content to that which benefits the recovery of members of Alcoholics Anonymous in the Chattanooga Central Office service area. Content focuses mainly on the events and operations of the various A.A. Groups within the service area and A.A. as a whole. The Central Office reserves the right to reject content that is not aligned with the objective of supporting the recovery of A.A. group members.

Note: Inclusion of articles and announcements in Gratitude Times does not constitute A.A or Chattanooga Central Office endorsement. Rather, members of the fellowship of Alcoholics Anonymous have been encouraged to share their experience, strength and hope through this humble periodical. Opinions expressed are those of the writer unless otherwise noted. Chattanooga Central Office makes these announcements solely as a service to the reader, not as an endorsement.

Tradition 6

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Source: https://www.aa.org/assets/en_US/en_tradition_longform.pdf

Concept 6

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Source: https://www.aa.org/sites/default/files/literature/assets/smf-114_en.pdf

Final Thought



A Man and a Boat

Author: BlissForgive

One day a man was asked to paint a boat by an owner of boat. He brought with him paint and brushes and began to paint the boat a bright red, as the owner asked him*.

While painting, he realized there was a hole in the hull and decided to repair it. When finished painting, he received his money and left.

The next day, the owner of the boat came to the painter and presented him with a nice check, much higher than the payment for painting.

The painter was surprised:

- You've already paid me for painting the boat!
- he said.
- But this is not for the paint job.

It's for having repaired the hole in the boat.

- Ah! But it was such a small service, certainly it's not worth paying me such a high amount for something so insignificant!

My dear friend, you do not understand. Let me tell you what happened. When I asked you to paint the boat, I forgot to mention about the hole. When the boat dried, my kids took the boat and went on a fishing trip. They did not know that there was a hole. I was not at home at that time.

When I returned and noticed they had taken the boat, I was desperate because I remembered that the boat had a hole. Imagine my relief and joy when I saw them returning from fishing. Then, I examined the boat and found that you had repaired the hole! You see, now, what you did?* You saved the life of my children! I do not have enough money to pay your "small" good deed.

Moral of the story:

So, no matter who, when or how. Just continue to help, sustain, wipe tears, listen attentively and carefully repair all the "leaks" you find, because you never know when one is in need of us or when God holds a pleasant surprise for us to be helpful and important to someone.

Make a difference....be the best you...

Source: [KindSpring.org](https://www.kindspring.org)

Chattanooga Area Central Office
5611 Ringgold Road; Suite 130
Chattanooga, TN 37412

To get your FREE digital copy of the Gratitude Times, send an email with a message of
"Add me to the distribution list" to gratitude@chattanooga-aa.com.
Paper copies are available for \$10/year by completing the form below.

IS IT TIME TO RENEW???

An annual minimum donation of \$10.00 is suggested to help defray the costs of producing and mailing the Gratitude Times. Check the expiration date on your mailing label. Detach this section and mail with payment to:

5611 Ringgold Road, Suite 130; Chattanooga, TN 37412

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Amount Enclosed: \$ _____

Please make checks payable to "Chattanooga Central Office"