

# September 2019

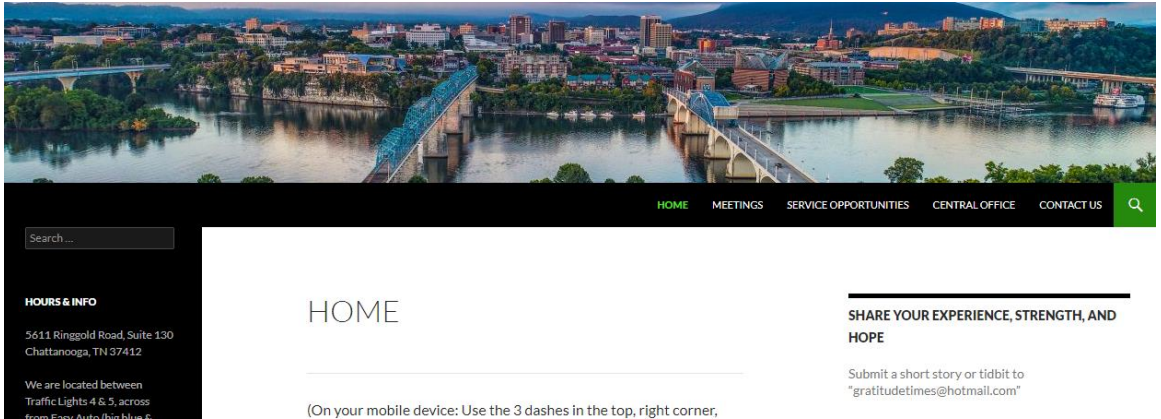
Chattanooga Area Central Office  
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## September 2019

### WE'VE UPDATED THE WEBSITE

In order to keep up with the changing times, and utilize all the resources available, your Central Office/Intergroup has chosen to participate in the "Meeting Guide" app available from A.A.W.S on Apple Store or Google Play. While in the process of participating, we were able to give the website a new look.



Check it out and let us know what you think!

- Is there something we missed?
- Is there a change you would like to see?

Use the form on the website to communicate the changes or email:

- [chattcentraloffice@gmail.com](mailto:chattcentraloffice@gmail.com)
- [chattwebservant@gmail.com](mailto:chattwebservant@gmail.com)

Be sure to send your group or district announcements/events for inclusion!

Please submit your stories to the editor at [gratitudetimes@hotmail.com](mailto:gratitudetimes@hotmail.com). Deadline is the 26<sup>th</sup> of the prior month.

# September 2019

FINANCIAL STATEMENT			
GROUP CONTRIBUTIONS	District	Aug-19	YTD
A Vision For You	81	\$36.05	
Love Ya A lot Group	84	\$10.00	
Pass it On	82	\$300.00	
Unity Group	7	\$100.00	
Varnell 12 Steps & 12 Traditions Group	15A	\$33.00	
What's The Point	83	\$317.40	
Young at Heart Group	81	\$59.48	
<b>Total</b>		<b>\$855.93</b>	<b>\$10,888.89</b>

INCOME		Aug-18	YTD
7th Tradition Contribution Intergroup		\$11.00	
Group Contributions		\$855.93	
Individual Contributions		\$191.32	
Sales		\$1,632.06	
<b>TOTAL INCOME</b>		<b>\$2,690.31</b>	<b>\$26,084.76</b>

EXPENSE	PURPOSE	Aug-19	YTD
AA World Services	Literature	\$534.60	
C&A Properties	Rent	\$550.00	
Chattanooga Gas	Gas	\$28.68	
Crystal Springs	Water for Office	\$12.73	
Dependable Security Systems	Alarm system	\$17.00	
Eagle Digital	Maintenance	\$63.00	
EPB	Electric/internet/phone	\$259.09	
LookOut Pest Control	Pest Control	\$35.00	
Payroll Expense	Office Manager	\$775.74	
Suburban Club	Intergroup Mgt	\$20.00	
Various Vendors (Costco, Staples, etc)	Office Supplies	\$11.76	
Website Management	Website/Hosting	\$203.76	
<b>TOTAL EXPENSE</b>		<b>\$2,511.36</b>	<b>\$25,446.62</b>

INCOME VERSUS EXPENSES		Aug-19	YTD
		\$178.95	\$638.14

PRUDENT RESERVE		Aug-19	YTD
6 months expenses	Needed	\$21,000.00	\$21,000.00
<b>Amount over Prudent Reserve</b>	Excess	\$0.00	\$0.00
<b>Amount under Prudent Reserve</b>	Shortfall	<b>-\$10,708.94</b>	<b>-\$10,708.94</b>

CHECKING ACCOUNT		Aug-19	YTD
<b>Beginning Balance</b>	<b>Starting Balance</b>	\$10,112.11	\$9,652.92
INCOME		\$2,690.31	\$26,084.76
EXPENSES		\$2,511.36	\$25,446.62
<b>Ending Balance</b>	<b>Account Balance</b>	<b>\$10,291.06</b>	<b>\$10,291.06</b>

Chattanooga Central Office is a 501 (c)3 Charitable Organization

September 2019

# CENTRAL OFFICE NEWS/EVENTS

## Central Office/Intergroup Board Meeting

The second Monday of the month

At the Suburban Club

2002 W. Main Street

Next meeting **Sep 9.**

**All are welcome to attend**

## CENTRAL OFFICE BOARD

6:00 PM

DCM's are your voting members!

## INTERGROUP BOARD

7:00 PM

Group and District Intergroup representatives are voting members

To get your FREE copy of the Gratitude Times, send an email with a message of "Add me to the distribution list" to [GratitudeTimes@hotmail.com](mailto:GratitudeTimes@hotmail.com). Paper copies are still available for \$10/year through the address on the cover page of this newsletter.

## MEETING CHANGES

ABC GROUP – 8pm Tuesdays, closed discussion (last Tuesday of the month open) & 7:30 pm Thursdays, open discussion (started 4/25/19), Ooltewah United Methodist Church, 6131 Relocation Way, Ooltewah, TN 37363

## NEW MEETINGS

None Reported

Tennessee Conference of Young People in Alcoholics Anonymous (TCYPAA) has awarded Chattanooga with the privilege of hosting the February 2020 conference! Host committee meetings are the 3<sup>rd</sup> Sunday of the month at 4:15pm at Hixson Serenity Club. All are welcome to come help plan this event.

If you need a sober ear, feel free to call the central office.  
The phone is answered 24/7 by a recovering alcoholic who may be able to help.  
**(423) 499-6003**

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# INTERGROUP NEWS/EVENTS

(sponsored by the Groups & Districts serviced by Central Office)

## SERVICE OPPORTUNITIES

The Intergroup Events Committee needs members from each district to help plan the fellowship events. Currently this includes the Club Crawl (March), Founders Day Picnic (June), and the Creepy Crawl (Oct). The committee meets every Thursday at 7:00 PM at the Suburban Club.

### Greater Chattanooga A.A. Corrections Committee Meetings

**Second Sunday of the Month**

2:00PM at Hixson Serenity Club  
5695 Middle Valley Road, Hixson, TN

Chattanooga Districts have won the bid for the 2020 1st Quarter Assembly!!! There is a Host committee meeting on the 1<sup>st</sup> Sunday of the month at 6:00pm at Suburban Club - Please join us.

## DISTRICT & GROUP HAPPENINGS

*If you would like to have your group, district or intergroup activity listed in the Gratitude Times, please send information to the editor at [gratitudetimes@hotmail.com](mailto:gratitudetimes@hotmail.com) by the 26<sup>th</sup> of the previous month*

### District Meeting & DCM info

**District 7: Kent C Sep 22**  
Meets at 6:30 PM in Dayton. 100 Mulberry Street

**District 15A: Stewart S Sep 1/Oct 6**  
Meets 1<sup>st</sup> Sunday at 9:00 AM at Hamilton Hospital

**District 80: Tony Sep 4/Oct 2**  
Meets First Wednesday at 7:00 PM at New Way Club

**District 81: Analisa S. Sep 30**  
Meets Last Monday at 7:30 PM at Hixson Serenity Club

**District 82: Vacant**  
Meets 3<sup>rd</sup> Saturday at 6:30 PM at Downtown Fellowship Club

**District 83: Chrissie H. Sep 16**  
Meets 3rd Monday at 7:00 PM at Suburban Club

**District 84: Carol H. Sep 19**  
Meets 3rd Thursday at 6:30 PM at East Brainerd Club

September 2019

# LOOK WHO'S TALKING

Send your meeting's speaker information to [gratitudetimes@hotmail.com](mailto:gratitudetimes@hotmail.com)

## Sponsorship Group Speakers

Suburban Club

Saturday @8:00pm

(Speakers are NOT set in stone, and are subject to change)

**9/7 Gus S.**  
**9/14 Michael H.**  
**9/21 Shane S.**  
**9/27 Stephanie L.**  
**Chair Zack C.**

The Sponsorship Group is looking for chairperson each month. If you would like to chair a month, contact Tom H. 423-490-5724.

Last Saturday is Birthday Nite.

Desserts @7:30, Speaker @8:00

If you would like to chair a month, call 423-490-5724.

## High Nooners

Speaker Meeting and Birthday Celebration is the last Friday of each month East Brainerd Club @ Noon

**"What we used to be like, what happened and what we are like now."**

## East Ridge Serenity Group

Speaker Meeting

Where: Suburban Club

When: Sunday Night

Time: 8 PM

## Happy Hour

SUPER SUNDAYSPEAKER MEETING

Where: Downtown Fellowship Club

When: Sunday At 5:15 PM

## Vision For You

HIXSON SERENITY CLUB

FRIDAY – 8 PM

FAMILY & FRIENDS WELCOME – Come Early & Stay Late

## 1515 Group Speakers

Suburban Club

Friday @8:00pm

Step 9 - "Made direct amends to such people wherever possible, except when to do so would injure them or others."

Tradition 9 - "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

Concept 9 - Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

**September 2019**

# **AREA 64 EVENTS**

VOTING ASSEMBLY takes place in Clarksville at the Riverview Inn Oct 4 – 6, 2019

## **OTHER / HAPPENINGS**

Serenity in the Scenic City planning committee meets the 3<sup>rd</sup> Sunday of every month at 6:15 PM at the Suburban Club 2002 East Main Street, Chattanooga

### **SUBURBAN CLUB**

#### **HAMBURGER COOKOUT**

**Suburban will host free hamburgers, covered  
dishes, deserts, and drinks**

**SUNDAY, SEPTEMBER 22**

**Eat at 6:30 before the 8:00 p.m. East Ridge**

**Speaker Meeting**

**Come and enjoy good food and fellowship**

**Please bring a side dish or desert by 6 p.m**



# CENTRAL OFFICE CONTACTS

## TRUSTED SERVANTS

Chair:	Carol H.
Vice-Chair:	Luke N.
Treasurer:	Scott H.
Secretary:	Dan M.
At Large:	Jimmy W.
At Large:	TBD
Office Manager:	Christy L.

## Where Money and Spirituality Mix

“The paradox of A.A. is that the financial independence and the support of our Fellowship by alcoholics and alcoholics alone not only enhances A.A.s importance to each of us, but stimulates our engagement in our own recovery...A.A. is ‘our thing’ from our groups treasury to the balance sheet at the General Service Office.”

## Samples of Group Contributions to A.A. Service Entities



10% to district  
10% to area committee  
30% to G.S.O.  
50% to intergroup or central office

OR

If you have no intergroup/central office.



40% to district  
30% to area  
30% to G.S.O.

Reprinted from **Self Support: Where Money and Spirituality Mix** with permission of A.A. World Services, Inc.

Your Central Office is open from  
9AM – 5PM Monday – Friday and  
9AM – 1PM Saturday.

Stop by for your personal or group  
supply needs.

Note: Inclusion of articles and announcements in Gratitude Times does not constitute A.A or Chattanooga Central Office endorsement. Rather, members of the fellowship of Alcoholics Anonymous have been encouraged to share their experience, strength and hope through this humble periodical. Opinions expressed are those of the writer unless otherwise noted. Chattanooga Central Office makes these announcements solely as a service to the reader, not as an endorsement.

**Step Seven:** *“Humbly asked Him to remove our shortcomings.”*

**Tradition Seven:** *“Every A.A. group ought to be fully self-supporting, declining outside contributions.”*

**Concept Seven:** *The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.*

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### IS IT TIME TO RENEW???

An annual minimum donation of \$10.00 is suggested to help defray the costs of producing and mailing the Gratitude Times. Check the expiration date on your mailing label.

Detach this section and mail with payment to:

5611 Ringgold Road, Suite 130; Chattanooga, TN 37412

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Amount Enclosed:** \$ \_\_\_\_\_

Make checks payable to "Chattanooga Central Office"